



KARL'S KOMMENTS

www.cysanorth.org

January 2008

Volume 1, Issue 1

District Coaching Coordinators

José DeAraujo	DI
415.661.9207 brasil94@pacbell.net	
Tim Nixon	DII
650.591.4223 busrevolution@aol.com	
Steve Hartland	DIII
925.556.1112 coach_stephen@sbcglobal.net	
Steve Shott	DIV
707.747.5529 shott4@sbcglobal.net	
Dan Dykstra	DV
707.584.8234 dykstraeta1@comcast.net	
Ray Robitaille	DVI
916.486.4656 rrrobitaille@sbcglobal.net	
Clay Ice	DVII
559.348.1119 clayrosie01@hotmail.com	
Dave Shaw	DVIII
209.830.0748 shaw_uk@sbcglobal.net	
Keith Stewart	DIX
530.244.8464 kstewart@sbcinc.net	

CONTACTS

Karl Dewazien
State Coaching Director
559.447.1869
cysakarl@comcast.net

Ray Erlach
Coaching Committee Chairman
415.788.3322
rerlach@rayerlach.com

Dan Lovingier
2nd Vice Chairman
707.322.1285
2ndViceChair@cysanorth.org

Joyce Pineda
CYSA Programs Coordinator
925.426.KIDS
jpineda@cysanorth.org

INSTRUCTIONAL STAFF

Mark your Calendar for the following Event:

CYSA Soccer Expo (formerly known as the CYSA Equipment Show) & Annual General Meeting (AGM), Saturday, January 26th & 27th, 2008.

Place: Oakland Marriott City Center, 1001 Broadway, Oakland, CA 94607

Date & Time:

- Saturday January 26th, 2008: CYSA Soccer Expo: 9:00am—4:00pm
- Sunday January 27th, 2008: Annual General Meeting: Registration Check-In 7:30am—8:45am. Meeting: 9:00am

Schedule & Event Workshops:

- Check the CYSA web site for the most up-to-date Schedule & Event Workshop times and room locations
www.cysanorth.org

Coaching Booth Schedule:

8:45am—10:00am Staff last names from **A** through **D**
10:00am—11:00am Staff last names from **E** through **L**
11:00am—Noon Staff last names beginning with **M**
2:00pm—3:00pm Staff last names from **N** through **P**
3:00pm—4:00pm Staff last names from **O** through **S**

Please report to Joyce Pineda at the Programs Booth

Player's Zone Schedule:

8:45am— 10:00am Staff last names from **T** through **Z**
10:00am— 11:00am Staff last names from **M** through **N**
2:00pm— 3:00pm Staff last names from **E** through **L**
3:00pm— 4:00pm Staff last names from **A** through **D**

Please report to either Joe Esfandiary or Everett Glenn at the field



CYSA SOCCER EXPO CLINICS

Coaching Clinics (FIELD SESSIONS)

9:00am	Secrets of Shooting
10:00am	Goal Keeper Secrets
11:00am	Speed Training Secrets
Noon	Coach of the Year Luncheon
2:00pm	Division 1 College Secrets
3:00pm	Defending Secrets

Coaching Clinics (CLASSROOM)

9:00am	Goal Keeper Secrets
9:00am	Secrets of Sports Psychology
10:00am	Speed Training Secrets
11:00am	Secrets of Shooting
11:00am	Secrets of Coaching Youth (in Spanish)
Noon	Coach of the Year Luncheon
2:00pm	Defending Secrets
2:00pm	Secrets of Sports Psychology
3:00pm	Division 1 College Secrets
3:00pm	Secrets of Coaching Youth (in Spanish)
4:00pm	Brazilian Secrets

Player's Zone Events

9:00am	Juggling Contest
10:00am	Serve + Shoot
11:00am	TOPSoccer
Noon	Coach of the Year Luncheon
2:00pm	Brazilian Secrets
3:00pm	1 vs. 1 & Ending All Contest
4:00pm	Clean-up

Presented by

Gianni Mininni
Don Williams
Chicho Valenzuela

Erik Visser
Julius Ujeh

Presented by

Don Williams
Brian Baxter
Chicho Valenzuela
Gianni Mininni
Luis Rojas

Julius Ujeh
Brian Baxer
Erik Visser
Luis Rojas
Richard Mendoza

Presented by

Esfandiary/Glen
Esfandiary/Glen
Gary Waltz

Richard Mendoza
Esfandiary/Glen
All Coaching Committee & Coaching Staff



Note: This is also subject to change (MAYBE)

COACH OF THE YEAR LUNCHEON

CYSA is honoring the following District Coaches

District:	Boys Coach	Girls Coach
I	Mario Chang	Shelli Menighetti
II	Greg Turteltaub	Stephen Liu & Greg Vasquez
III	Tom Rhoads	Art Garcia
IV	Steve Bradley	Joe Santos
V	Darrin Nakatani	Patrick Stranahan
VI	Miguel Delgado	Vince Cowan
VIII	Shirley Thompson	Donna Moullette
IX	Rob Davies	Fred Bergstrom



Advance Ticket Sales \$30.00 each. Usually a limited number of tickets are still for sale on the day of the luncheon. So get yours early!!!

CYSA Instructional Staff Honored

The letter reads...

ACCYSL (Alameda Contra Costa Youth Soccer League)
Mr. Manish Doshi
El Cerrito, CA

Dear Mr. Doshi,

Congratulations on your selection as the 2007 US Youth Soccer *adidas* Girls Recreation Coach of the Year for Region IV!

We would like to invite you to be our guest at the US Youth Soccer *adidas* Workshop & Coaches Convention to be held in Pittsburgh, Pennsylvania from Thursday, February 7th through Saturday, February 9th. The Workshop features seminars and demonstrations led by knowledgeable and highly respected clinicians. Other events include the 2008 US Youth Soccer Awards Gala, the President's Reception, and the fun-filled *adidas* Party.

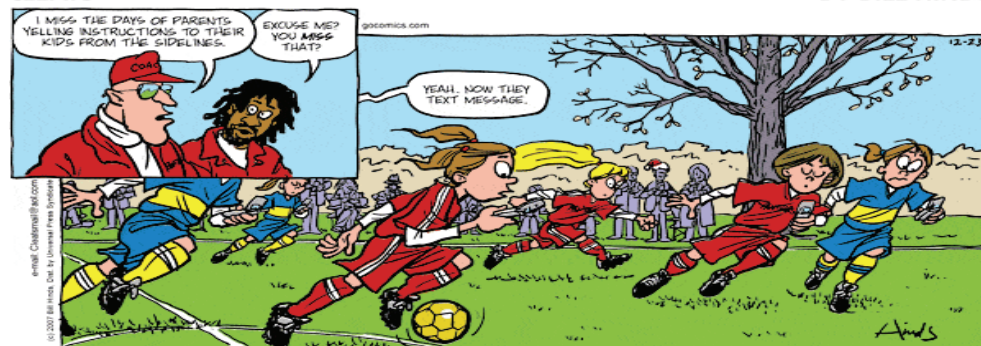
The US Youth Soccer *adidas* Boys Competitive Coach of the Year packet includes:

- free registrations (for you and your guests). Additional guests must pay for the Awards Gala dinner.
- round-trip airfare for the nominee only (if airfare is necessary)
- lodging at The Westin Pittsburgh for the nights of Friday & Saturday, February 8th and 9th only. We ask that you please **do not contact** The Westin Pittsburgh for questions on your hotel reservations; contact Matt Moran at US Youth Soccer directly (mmoran@usyouthsoccer.org or 800.476.2237).
- meal allowance for Friday and Saturday of up to fifty dollars (\$50) per day for the nominee only. In order to be reimbursed, we ask that you keep the itemized receipts for these 2 days. Receipts must also be submitted to Matt Moran and received by no later than **March 10, 2008**.



KD - We wish Manish all our best in his quest to receive the National Award. In our hearts he is already a National winner!

CLEATS



BY BILL HINDS

RULE CHANGE PROPOSALS

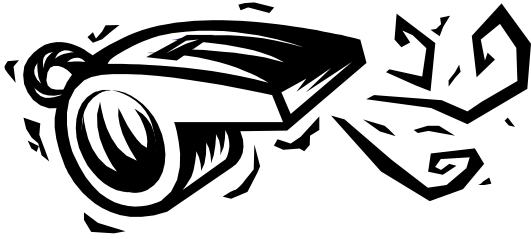
The Rule Change Proposals to be voted by the CYSA Membership can be found on the CYSA web site on the Annual General Meeting (AGM) page. Click on Rule Change Proposals.



Annual General Meeting
Sunday, January 27th, 2008 9:00am
Oakland Marriott City Center
1001 Broadway, Oakland CA 94607



Registration/Credentials Check-In is scheduled from 7:30am– 8:45am
Please see the Voting Procedures for more information on the CYSA web site



What Kind of CYSA Instructor Are You???

The National Institute for Child Centered Coaching prepared this quiz for coaches to evaluate themselves. Note the response that best reflects your thoughts about each statement.

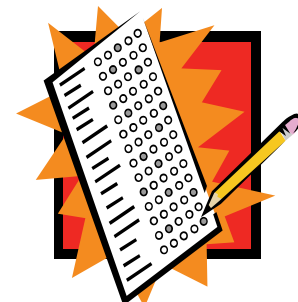
1. The major reason children should be involved in sports is for fun, not winning.
 - A. No. Winning is important to young children and older children.
 - B. Sort of. Winning is important but not necessary.
 - C. Yes. Enjoyment is the key; winning is only secondary.
2. It is important for children to learn how to compete at an early age.
 - A. Yes. They stand a better chance of being successful later in life.
 - B. Sort of. Competition is important, but it shouldn't be the basis for playing sports for young children.
 - C. No. The earlier young children learn to be competitive, the less enjoyment they might have playing.
3. A good, strong self-image can be developed in young children with a no-nonsense approach to coaching.
 - A. Yes. They need to be told "who is the boss" and to follow the rules.
 - B. Sort of. Children need to be managed with a firm yet reasonable approach.
 - C. No. Children need to be encouraged to try their best.
4. Praising a child's ability is OK, but a coach shouldn't overdo it.
 - A. Yes. If praised too often, they'll develop a false sense of their abilities.
 - B. Sort of. Children need to be told accurately and honestly about their weaknesses.
 - C. No. If it's honest praise, there is no such thing as "overdoing it."
5. Children who develop too high of a sense of self-esteem grow up being spoiled.
 - A. Take any one of those high-priced superstars in today's sports, and you'll see what a spoiled child is like.
 - B. A child must be taught humility; a child with high self-esteem often acts conceited.
 - C. Children with high self-esteem often make the best players.
6. Most parents want their young children to win — not necessarily to have fun.
 - A. Agree.
 - B. Some do, but not all.
 - C. Parents need to be educated.
7. Disciplining a child in front of the team sets an example for the others.
 - A. Other children learn to do the right thing really fast.
 - B. Peer pressure is the most effective form of team discipline.
 - C. Disciplining a child is a private issue between the coach and child.
8. Team Rules should be set by the coach and given to the players.
 - A. A coach needs to show who's in charge; children need to respect authority.
 - B. A coach needs to demonstrate leadership; children need to comply.
 - C. A coach needs to provide guidance; children should be empowered.
9. The coach sometimes acts like a teacher; sometimes like a parent.
 - A. A coach should not be confused with a parent or teacher; a coach is a coach.
 - B. A coach might sometimes take on the role of a teacher or a parent but should remain first a coach.
 - C. A coach is at times a parent and a teacher.
10. A parent's role in children's sports should be:
 - A. To be mildly involved.
 - B. To be moderately involved.
 - C. To be involved to the maximum level.

To score your responses, give each "A" response 1 point; each "B" response 2 points; each "C" response 3 points. If you totaled:

10-16 points. Your attitude is very traditional. You believe that winning is the primary reason for playing; you take a hard line in discipline; you use an autocratic approach; you find little value for parental involvement. You need a lot more instruction in child-centered coaching philosophy and techniques.

17-23 points. Your tendency is toward leadership, not autocratic rule; problem solving, not ruling; motivating, not commanding. You need to continue to study and practice in child-centered coaching philosophy.

24-30 points. You believe in making the game fun; and willing to be both a parent figure and teacher; offer guidance, encouragement and support and maximize parental involvement. We strongly encourage you to continue practicing these child-centered coaching skills.



“The Night before New Years”

By Coach Brett Davis

Twas the Night before New Years, when all through the CYSA state,
Not a player was stirring, and we bet you think that's great!

Our uniforms were hung, and cleats polished with care,
Our shin guards smelled funny, but the balls all had air.

We children were nestled all snug in our beds,
While visions of soccer games danced in our heads;
The games were such fun; just youngsters and the ball,
With no interference from adults at all.

Then out on the lawn there arose such a clatter,
Just us kids having fun, SURPRISE, nothing's the matter;
We ran and we laughed, each giving our best,
We are the only attraction, everyone else is our guest.

The moon up above gave the field such a glow
Creating the feeling of magic for us down below;
When what to our wandering eyes should appear,
Only positive comments from our Coaches all year!

The referee was in the center so lively and quick,
If he wore red instead of black, it could've been St. Nick;
With patience and fairness the decisions then came;
He whistled and pointed, never disrupting our game.
The parents and fans were supportive when they cheered,
It's all about us kids; that's for whom this game's geared;
No arguing or complaining, no whining or screaming,
Isn't it sad we only see this kind of game when we're dreaming?

Now Referees! Now Parents! Now Coaches and Spectators,
On Clubs! On Leagues! On Boards and Administrators,
Lean over closely and lend us your ear,
As children we speak softly, but this you must hear....
On this night before New Years, before the rising of the sun,

Please give us back the game, please give us back our fun.
Oh thank you for listening, there's a new beginning in sight,
Happy New Year to all, and thanks for doing what's right!

