



District VII Coaching Policy

Proposed changes
08/09/2006

Note: District VII strongly suggests that all first year **CYSA** coaches take the Pre-F course.

All adult passes processed for District Playing League rosters must meet the following requirements:

1. U-11 through U-12 must have an “F” coaching license.
2. U-13 through U-14 must have an “E” coaching license.
3. U-15 through U-19 must have an E/D (District D) coaching license.

All first year coaches entering at the U-13 or above level must obtain an “F” coaching license. An “E” license must be obtained for their second year and they will be required to obtain an “E/D” for their third year at the U-15 and above level.

DIVISION 4 PLAYING LEAGUE COACHES MUST OBTAIN AN F LICENSE PRIOR TO THE SECOND SEASON OF COACHING - APPROVED JUNE 2011

Justification: The CYSA coaching curriculum is designed to teach the appropriate skills at a rate that is compatible to the age and skill level of the players.

The “F” course provides coaches with a concrete training routine that encourages the technical development of younger players. Basic 1v1 attacking skills and 1v1 defending skills are taught at this level.

The “E” coaching curriculum teaches first and second attacker and first and second defender principles.

The U-15 and above level coaches should be introducing group attacking and group defending tactics that are introduced in the “E/D” course.

The higher the quality of soccer education we can offer our players, the higher the quality of players we will produce. - Approved 08/10/2006